

## DREAM B.I.G.!

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Good Afternoon,

We are officially in the dog days of summer now. These slower, longer days are ideal for fine tuning your business plan or simply dreaming really, really big!

Summer is a time to regroup and take the time to reflect and think deeply about where you have been and where you are headed.

We have a talk on Women in Leadership on Thursday that will be one of those discussions where you can immerse yourself in the possibilities. Deborah Rundlett, a global coach and Director of the Meetinghouse in Ridgefield will draw from her interviews with women all over the globe to spark meaningful conversation about women and leadership.

Don't miss this one! It's going to be an incredible conversation!

Regards,



Director, B.I.G. Connecticut  
[bigconnecticutregion.com](http://bigconnecticutregion.com)

*Smell the sea, and feel the sky. Let your soul and spirit fly.*

— Van Morrison

## JULY EVENTS

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## Summer Brunch



Join other members for great food and conversation at this fabulous Farm to Table restaurant.

Saturday  
July 15, 2023  
11 AM

[Bailey's Backyard,](#)  
[23 Bailey Ave., Ridgefield, CT](#)

**July 15th**  
**Bailey's Backyard, Ridgefield, CT**

## Women and Leadership



**DEBORAH RUNDLETT**  
Director,  
The Meetinghouse

Thursday  
July 20, 2023  
11:30 am - 1 pm  
[90 Grove Street,](#)  
[Ridgefield, CT](#)

**July 20th**  
**Ridgefield, CT**

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[Register for July Events Here](#)

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## SCENES FROM JUNE

We are so grateful to Dr. Sheila Salama for pouring into us as to how to achieve peak performance and essentially get rid of the things that hold you back from your potential, at our June Pod Meeting.



## COMING UP IN AUGUST

### Success Without Stress



**LISA TANCREDI**  
Founder,  
The Feel Better Group

Friday  
August 11, 2023  
11:30 am - 1 pm  
[Grow Wellness](#)  
[901 Ethan Allen Highway,](#)  
[Ridgefield, CT](#)

Come away with strategies to get done what you want to get done without pushing, pressure or overwhelm.

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## ABOUT B.I.G. CONNECTICUT

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B.I.G. Connecticut is a woman's empowerment community that provides members the inspiration, community and tools to move their personal and professional lives forward.

Please join us for an event and see what we are all about and how we can help you grow your business. Contact [bigconnecticutregion@gmail.com](mailto:bigconnecticutregion@gmail.com) to learn more!

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