

MONTHLY HIGHLIGHTS JULY 2023 | Volume XVIII

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DREAM B.I.G.!

Good Afternoon,

We are officially in the dog days of summer now. These slower, longer days are ideal for fine tuning your business plan or simply dreaming really, really big!

Summer is a time to regroup and take the time to reflect and think deeply about where you have been and where you are headed.

We have a talk on Women in Leadership on Thursday that will be one of those discussions where you can immerse yourself in the possibilities. Deborah Rundlett, a global coach and Director of the Meetinghouse in Ridgefield will draw from her interviews with women all over the globe to spark meaningful conversation about women and leadership.

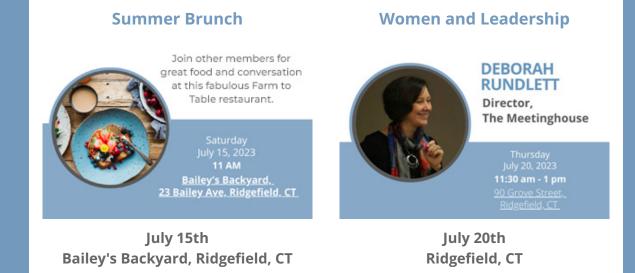
Don't miss this one! It's going to be an incredible conversation!

Regards,

Director, B.I.G. Connecticut bigconnecticutregion.com

Smell the sea, and feel the sky. Let your soul and spirit fly. — Van Morrison

JULY EVENTS



Register for July Events Here

SCENES FROM JUNE

We are so grateful to Dr. Sheila Salama for pouring into us as to how to achieve peak performance and essentially get rid of the things that hold you back from your potential, at our June Pod Meeting.





COMING UP IN AUGUST

Success Without Stress



LISA TANCREDI Founder, The Feel Better Group

Friday August 11, 2023 11:30 am - 1 pm Grow Wellness 901 Ethan Allen Highway Ridgefield, CT

August 11th @ Grow Wellness in Ridgefield, CT | REGISTER NOW

Come away with strategies to get done what you want to get done without pushing, pressure or overwhelm.

ABOUT B.I.G. CONNECTICUT

B.I.G. Connecticut is a woman's empowerment community that provides members the inspiration, community and tools to move their personal and professional lives forward.

Please join us for an event and see what we are all about and how we can help you grow your business. Contact <u>bigconnecticutregion@gmail.com</u> to learn more!

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