
CELEBRATE THE BEAUTY OF MAY

Good Evening,

May is such a gorgeous month with our surroundings in full bloom. Indulge in the landscape and look at this month as an opportunity to make some bold changes.

Last month, we hosted the authors of B.I.G. and learned how writing a book can boost your business. It was a lovely conversation about possibilities.

This month we will meet at the Women's Club of Westport and hear from B.I.G. member Julina Ogilvie about things women should know about investing. Julina's firm, Principle Wealth Partners will sponsor this event.

We will also engage in Glow in the Dark Yoga at Grow Wellness Studio. I am told that this will be an evening to remember and is a very empowering experience.

Mark your calendars for June 2 and 10 next month as we have some power conversations in store.

Celebrate the season and be well!

Cordially,



Director, B.I.G. Connecticut
bigconnecticutregion.com

All things seem possible in May

— Unknown

MAY EVENTS

Spring Luncheon



Sponsored by



Thursday
May 11, 2023
12pm - 2pm
[Westport Women's Club](#)
[44 Imperial Avenue](#)
[Westport, CT](#)

Yoga Workshop



Hosted by
**Grow Wellness Therapy
and Kathleen Kweskin**
Taught by Brett

Saturday
May 20, 2023
6:30 pm
[901 Ethan Allen Hwy.](#)
[Ridgefield, CT](#)

May 11th

Westport Womens Club

Join us for a luncheon at the Westport Women's Club. Julina Ogilvie will speak to us about Women & Personal Finance. Her firm, Principle Wealth Partners is the sole sponsor of this event. Register in advance please!

May 20th

Grow Wellness

Join us for a special treat as we indulge in glow in the dark yoga at Grow Wellness. Kathleen has a special evening planned with a teacher who is well versed in providing this class experience. Sign up in advance!

[Register for May Events Here](#)

SCENES FROM APRIL

Meet the Authors of B.I.G.

We had a super interesting discussion about how writing a book makes you an authority and how this boosts your business.





MEMBER TIPS



Christine Santori

*Hi! Business Owner, Community Connector,
Serial Entrepreneur*

Getting published helps you grow! I am growing both personally and professionally in a BIG way since the book published. I've been invited to present again at a retreat in Phoenix in June because of the book! What I would tell others who ask why write a book is ... use it as a tool to help you make more sales, enjoy more credibility, stand out from the crowd, build your brand, expand your reach, get qualified exposure for your business, and build a community that will want to hire you, buy from you, refer business to you, and of course increase your income.



Kelly Moriarty

Owner, Body & Wellness CNC

For me actually following through and completing something I'm so passionate about was a huge accomplishment. Having this book has helped build a second business I didn't even think about! I recommend anyone thinking of it to absolutely do it because in the end it's all worth it!

ABOUT B.I.G. CONNECTICUT

B.I.G. Connecticut is a woman's empowerment community that provides members the inspiration, community and tools to move their personal and professional lives forward.

Please join us for an event and see what we are all about and how we can help you grow your business. Contact bigconnecticutregion@gmail.com to learn more!

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